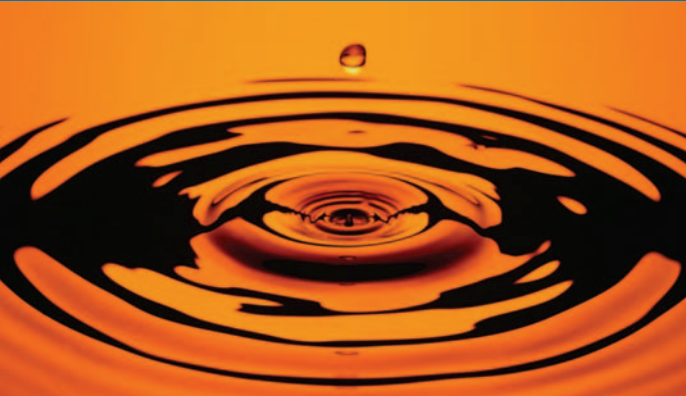


*Purity-certified  
to exceed all national &  
international standards*

*Purity-Certified*

# EPA & DHA

## Essential Fatty Acids



CUSTOM MADE IN NORWAY



PURITY CERTIFIED



NATURAL LEMON FLAVOR

### Patient Benefits:

- ▶ Relief of minor pain\*
- ▶ Support for numerous aspects of health, including:\*

  - ✓ Cardiovascular health
  - ✓ Brain health
  - ✓ Nervous system health
  - ✓ Retinal health
  - ✓ Fetal growth & development
  - ✓ Gastrointestinal health
  - ✓ Immune function

### The Metagenics Advantage:

- Purity-certified, pharmaceutical-grade, ultra-refined fish oil
- Tested for heavy metals, pesticides & other contaminants
- Variety of formulas to meet every patient's needs

Research indicates that an adequate daily intake of omega-3 fatty acids is essential to overall health.♦

# Purity-certified to exceed all national & international standards

## EPA-DHA COMBINATIONS

### Daily Maintenance Softgels

#### EPA-DHA EXTRA STRENGTH®

##### Natural Lemon Flavor Softgels



- Delivers concentrated levels of EPA and DHA
- Features a **natural lemon flavor** to promote patient compliance
- Ideal for patients who desire a lower cost yet effective omega-3 supplement

##### Each Softgel Supplies:

Natural Marine Lipid Concentrate	.....1 g
EPA (Eicosapentaenoic Acid)	.....300 mg
DHA (Docosahexaenoic Acid)	.....200 mg

Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

**Recommendations:** Two softgels up to three times daily.

**Form:** 60 and 120 Softgel Bottles

**Also Available:** EPA-DHA Extra Strength® Enteric-Coated

### High EPA & DHA Softgels

#### EPA-DHA 720™

##### Natural Lemon Flavor Softgels



- Provides 720 mg of essential fatty acids per softgel—to help deliver greater support in even fewer softgels
- EPA and DHA have been shown to support healthy function in body systems including the cardiovascular, immune, gastrointestinal, and musculoskeletal systems\*
- EPA and DHA support brain and nervous system health\*
- Features a **natural lemon flavor** to promote patient compliance

##### Each Softgel Supplies:

Natural Marine Lipid Concentrate	.....1.4 g
EPA (Eicosapentaenoic Acid)	.....430 mg
DHA (Docosahexaenoic Acid)	.....290 mg

Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

**Recommendations:** Two softgels up to three times daily.

**Form:** 60 and 120 Softgel Bottles

### EPA-DHA 1:1 Liquid

#### BALANCED EPA-DHA LIQUID™

##### Natural Lemon Flavor



- Delivers triglyceride-form EPA and DHA in a balanced ratio, along with other purity-certified, omega-3 essential fatty acids from cold-water fish oil
- Ideal for children, expecting mothers, and adults requiring maintenance nutrition\*
- Proprietary antioxidant blend to maximize freshness
- Features a **natural lemon flavor** to promote patient compliance
- Features an easy-to-pour, no-drip dispensing spout

##### Each Teaspoon (5 ml) Supplies:

Omega-3 Fatty Acids	.....1400 mg
EPA (Eicosapentaenoic Acid)	.....600 mg
DHA (Docosahexaenoic Acid)	.....600 mg
Other Omega-3 EFAs	.....200 mg

Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

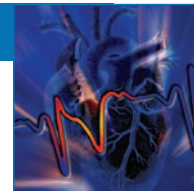
**Recommendations:** Children 2-12 years: one-half to one teaspoon daily. Ages 13 and above: one teaspoon one to three times daily.

**Form:** 7 fl. oz. (206 ml) Bottle

### Intensive Support Liquid

#### HIGH CONCENTRATE EPA-DHA LIQUID™

##### Natural Lemon Flavor



- Provides at least 2800 mg per serving of EPA, DHA, and other purity-certified, omega-3 essential fatty acids in triglyceride form
- Ideal for adults seeking high levels of EPA and DHA
- Features a **natural lemon flavor** to promote patient compliance
- Proprietary antioxidant blend to maximize and preserve freshness
- Features an easy-to-pour, no-drip dispensing spout

##### Each Teaspoon (5 ml) Supplies:

Omega-3 Fatty Acids	.....2800 mg
EPA (Eicosapentaenoic Acid)	.....1400 mg <sup>†</sup>
DHA (Docosahexaenoic Acid)	.....925 mg <sup>††</sup>
Other Omega-3 EFAs	.....475 mg

Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

**Recommendations:** One teaspoon one to three times daily.

**Form:** 5 fl. oz. (150 ml) Bottle

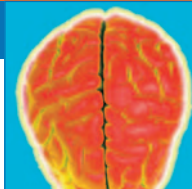
<sup>†</sup> Range of 1400-1575  
<sup>††</sup> Range of 925-1050

## HIGH CONCENTRATE DHA

### Intensive Support Softgels

#### EXTRA STRENGTH DHA LIQUID

##### Natural Lemon Flavor



- Provides highly concentrated levels of DHA per serving to support many aspects of health including pregnancy, fetal development, and healthy neurological function\*
- Each serving delivers 2000 mg of purity-certified DHA—*with quality you can taste!*
- Proprietary antioxidant blend to maximize and preserve freshness
- Features a **natural lemon flavor** to promote patient compliance

##### Each Teaspoon (5 ml) Supplies:

Omega-3 Fatty Acids	.....2950 mg
DHA (Docosahexaenoic Acid)	.....2000 mg <sup>†</sup>
EPA (Eicosapentaenoic Acid)	.....400 mg <sup>††</sup>
Other omega-3 Fatty Acids	.....400 mg

Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

**Recommendations:** One teaspoon (5 ml) one to three times daily with food.

**Form:** 5 fl. oz. (150 ml) Bottle

<sup>†</sup> Range of 2000 mg-2250 mg

<sup>††</sup> Range of 400 mg-750 mg

### Chewable Softgels for Kids

#### DHA LemonGels™



##### Natural Lemon Flavor

- Supplies purity-certified essential fatty acids in a convenient, chewable softgel that is small enough to swallow
- Ideal for children
- Features a **natural lemon flavor** to promote patient compliance

##### Each Softgel Supplies:

DHA (Docosahexaenoic Acid)	.....100 mg
EPA (Eicosapentaenoic Acid)	.....55 mg
Other Omega-3 EFAs	.....25 mg

Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

**Recommendations:** Children 4 - 6 years: Chew or swallow one softgel daily. Ages 7 and above: Chew or swallow one softgel twice daily.

**Form:** 60 Softgel Bottle

## HIGH CONCENTRATE EPA

### Intensive Support Softgels

#### EPA-DHA 6:1™

##### Enteric Coated

- Provides 500 mg of EPA per softgel—specifically designed to maximize the benefits of this important fatty acid
- Ideal for patients who may require higher levels of EPA such as those experiencing minor pain\*
- Delivered in pleasant-smelling, **enteric-coated** softgels to help prevent repeating

##### Each Softgel Supplies:

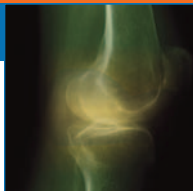
Natural Marine Lipid Concentrate	.....1 g <sup>†</sup>
EPA (Eicosapentaenoic Acid)	.....500 mg

Other Ingredients: Rosemary extract, ascorbyl palmitate, and citric acid.

**Recommendations:** One to two softgels one to three times daily.

**Form:** 90 Softgel Bottle

<sup>†</sup> Contains between 25 and 100 mg of DHA (docosahexaenoic acid).



## BALANCED OMEGA-3 & OMEGA-6

### Daily Maintenance Softgels

#### OMEGA-EFA™

##### Natural Lemon Flavor



- Supplies a balance of omega-3s (EPA & DHA) from cold-water fish and omega-6 (GLA) from borage seed oil
- Supports cardiovascular health and healthy neurological function\*
- Features a **natural lemon flavor** to promote patient compliance

##### Each Softgel Supplies:

Natural Marine Concentrate	.....500 mg
EPA (Eicosapentaenoic Acid)	.....155 mg
DHA (Docosahexaenoic Acid)	.....120 mg
Other Omega-3 Fatty Acids	.....40 mg
Borage Oil	.....500 mg
GLA (Gamma-Linoleic Acid)	.....90 mg
Other Omega-6 Fatty Acids	.....150 mg





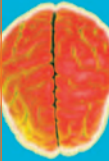



Other Ingredients: Natural lemon flavor, rosemary extract, ascorbyl palmitate, and natural mixed tocopherols.

**Recommendations:** One softgel daily.

**Form:** 60 Softgel Bottle

# The perfect EPA-DHA formula for every patient!

## Differentiating Between Metagenics Essential Fatty Acid Products

		Formula	Key Benefit	Dosage per Softgel/Tsp
   	EPA-DHA Combinations	EPA-DHA Extra Strength®	Lower cost daily maintenance with natural lemon flavor	300 mg of EPA 200 mg of DHA
		EPA-DHA 720™	Allows minimal daily softgel consumption	430 mg of EPA 290 mg of DHA
		Balanced EPA-DHA Liquid™	Pleasant-tasting, easy-to-swallow liquid	600 mg of EPA 600 mg of DHA 200 mg other Omega-3s
		High Concentrate EPA-DHA Liquid™	Super-concentrated, lemon-flavored liquid	1400 mg of EPA 925 mg of DHA 475 mg other Omega-3s
 	High Dose DHA	Extra Strength DHA Liquid	High dose DHA for intensive support*	2000 mg of DHA 400 mg of EPA 400 mg other Omega-3s
		DHA LemonGels™	Convenient, chewable softgels with natural lemon flavor*	100 mg of DHA 55 mg of EPA 25 mg other Omega-3s
	High Dose EPA	EPA-DHA 6:1™	High dose EPA for intensive support*	500 mg of EPA 25-100 mg of DHA
	Omega-3 & Omega-6	Omega-EFA™	Balanced levels omega-3 and omega-6 fatty acids	155 mg of EPA 120 mg of DHA 90 mg of GLA 40 mg other Omega-3s 150 mg other Omega-6s

### Dosage Guide

Application:	Daily Levels:
Adult Maintenance*	1-2 grams EPA-DHA
Cardiovascular Health*	1-2 grams EPA-DHA
Healthy Blood Fat Levels*	2-4 grams EPA-DHA
Minor Pain Support*	2-7 grams EPA-DHA
Brain Health*	2-10 grams EPA-DHA
Prenatal Health*	1 gram EPA-DHA (600/400)
Children	100 mg of DHA

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\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

**CAUTION:** Use with caution in patients who are pregnant or nursing, or taking medication—including blood thinning medications. Do not use before surgery.



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