

Improve Your Health...
Transform Your Life!



Metagenics® Medical Foods

**Nutritional Support
for Metabolic Syndrome,
Cardiovascular Disease & Type 2 Diabetes**

Take Control of Your Health!

Metagenics Medical Food Programs nutritionally support the management of conditions associated with metabolic syndrome, cardiovascular disease (CVD), and type 2 diabetes.

To determine the appropriate level of support for your needs, ask your healthcare provider where you fall on the chart below.

Metabolic Syndrome:

- Central obesity
- Altered body composition
- Insulin resistance

UltraMeal®

Metabolic Syndrome & CVD:

- High cholesterol
- High blood pressure
- High triglycerides

UltraMeal®
PLUS 360°

Type 2 Diabetes:

- Insulin resistance
- Hypoglycemia

UltraGlycemX®
PLUS 360°

Note: UltraMeal® PLUS and UltraGlycemX® Medical Foods may be excellent alternatives for patients taking anticoagulant (blood thinning) medications.

Clinically Tested Results

In a preliminary clinical study, the UltraMeal PLUS 360° Medical Food Program was shown to more significantly address CVD risk factors than a low-glycemic-load diet and exercise alone.

Health Marker	UltraMeal PLUS 360° Program with Low-GL Diet Plan & Exercise	Low-GL Diet Plan & Exercise Only
Total Cholesterol	-13.8%	-5.7%
LDL ("bad") Cholesterol	-14.8%	-7.2%
HDL ("good") Cholesterol	+8.2%	+3.7%
Triglycerides	-29.7%	-8.6%

**Take the First Step Toward Better Health.
Ask About These Programs Today!**